

To Ensure Your Food Comes Out As Hot
And Fresh As Possible, All Food Will Be
Served As It's Ready And May Be Served
At Different Times!

MAN vs FOOD

London

RESTAURANT & TEXAS SMOKEHOUSE BBQ

Starters

- GARLIC BREAD** £3.95
BAGUETTE WITH GARLIC BUTTER
& GRATED MOZZARELLA CHEESE
- 3 CHEESE CHUBBIES (V)** £4.95
MOZZARELLA BALLS DEEP FRIED IN
CORNBREAD BATTER
- MACHO NACHOS** £9.95
TORTILLA CHIPS TOPPED WITH
HOMEMADE BEEF CHILLI, PICO DE
GALLO, SOUR CREAM, JALAPEÑOS,
BLACK OLIVES, GUACAMOLE,
MVF SALSA & CHEESE
- BUFFALO WINGS (GF)** 4 - £4.50
DOUBLE-BONED WINGS
SERVED WITH 8 - £8.50
BLUE CHEESE DIP
& CELERY 12 - £11.50
CHOOSE YOUR SAUCE:
FRANK'S RED HOT • DR PEPPER BBQ • HALF & HALF

STEAKS & RIBS

ALL OUR STEAKS & RIBS ARE SERVED
WITH SKINNY FRIES, COLESLAW & SALAD.

STEAKS (GF):

- BRONTOSAURUS BEAST** £35.00
2LB OF BONE-IN RIBEYE
- T-BONE** £32.00
1LB OF BEEF
- NEW YORK STRIP** £16.95
8OZ MATURE SIRLOIN

PLEASE NOTE: OUR STEAKS ARE
CUT INDIVIDUALLY & SIZES MAY VARY.

SAUCES:

- GARLIC BUTTER
DR PEPPER BBQ

EXTRAS
BACON £2
FRIED EGG £1
MUSHROOMS £1

RIBS:

- PORK RIBS:**
HALF RACK: £9.95
FULL RACK: £16.95

- BEEF RIBS:**
(EXTREMELY MEATY)
HALF RACK: £14.95
FULL RACK: £24.95

SOUTHERN COMFORT CORNER

- GOTTS COVE (STRAIGHT OUTTA LOUISIANA)
WITH FRIES** £12.95
BLACKENED CAJUN SEABASS FILLET SERVED WITH SLOPPY SALAD,
PICO DE GALLO, CRISPY FRIED ONIONS & GARLIC MAYO
UPGRADE TO SWEET FRIES FOR £2.00

- WAFFLE CRUNCH** £10.95
HOMEMADE BELGIAN STYLE WAFFLE & 4 SOUTHERN FRIED
CHICKEN BREAST STRIPS WITH WARM MAPLE SYRUP ON THE SIDE
- CHICKEN FRIED CHICKEN** £10.95
4 SOUTHERN FRIED CHICKEN BREAST STRIPS
SERVED WITH SKINNY FRIES & CORN ON THE COB
CHOOSE FROM BEEF GRAVY OR ANY MVF SAUCE

MVF SAUCES

OUR SAUCES ARE MADE FRESH
DAILY AND ARE COMPLETELY
HOMEMADE!
GREEN GARLIC MAYO
OWNERS FEEL-THE-BURN SAUCE
KICK-ASS MAYO
MVF SALSA

BURGERS

ALL SERVED ON A SESAME BRIOCHE BUN, UNLESS STATED OTHERWISE!

BEEF:

DOUBLE UP ANY BEEF BURGER FOR £3.50

- ROOKIE (FOR THE FUSSY ONE)** £7.50
2 4OZ WITH CHEESE, SALAD
& THOUSAND ISLAND SAUCE
- JUICY LUCY** £9.95
8OZ STUFFED WITH MELTED CHEESE INSIDE THE
PATTY. TOPPED WITH SMOKED BACON, GUACAMOLE,
SALAD & THOUSAND ISLAND SAUCE
- KRISPY KREME** £8.95
2 ORIGINAL GLAZED DOUGHNUTS CARAMELISED,
2 4OZ PATTIES, CHEESE & SMOKED BACON
- NAZANDA BEEF BEST SELLER!** £10.95
2 4OZ BEEF PATTY TOPPED WITH CHEESE,
HASHBROWN, JALAPEÑOS, FRANKS RED HOT SAUCE,
SALAD & THOUSAND ISLAND SAUCE
- MVF (PERSONAL CHALLENGE)** £14.95
5 4OZ PATTIES, CHEESE, SMOKED BACON,
DR PEPPER PULLED MEAT & 2 LAYERS OF
THOUSAND ISLAND SAUCE
- DOUBLE WAFFLE** £12.50
2 4OZ BEEF PATTIES, 2 FREE RANGE EGGS,
CHEESE, SMOKED BACON, LETTUCE & ONIONS.
SERVED WITH WARM MAPLE SYRUP ON THE SIDE

CHICKEN:

DOUBLE UP ANY CHICKEN BURGER FOR £3

- CLASSIC** £6.50
GRILLED CHICKEN BREAST MARINATED WITH GARLIC,
CORIANDER & PARSLEY. SERVED WITH CHEESE,
GARLIC MAYO & SALAD
- CRUNCHY CAP'N CRUNCH** £6.95
CHICKEN STRIPS COATED WITH CAPTAIN CRUNCH,
GOLDEN NUGGETS & CORNFLAKE CEREAL MIX.
DEEP FRIED & SERVED WITH GREEN GARLIC MAYO,
HONEY MUSTARD & SALAD
- NAZANDA CHICKEN BEST SELLER!** £10.95
GRILLED CLASSIC CHICKEN BREAST SERVED WITH
HASHBROWN, FRANKS RED HOT SAUCE, JALAPEÑOS,
SALAD, CHEESE & GARLIC MAYO
- THE DEADBEAT** £11.50
SOUTHERN FRIED CHICKEN STRIPS, PICKLES,
FRENCH'S MUSTARD, RED SLAW, JALAPEÑOS,
RED ONIONS, HASHBROWN, SRIRACHA SAUCE,
GARLIC MAYO & CHEESE

VEGAN & VEGGIE:

VEGAN BURGERS SERVED ON VEGAN BUNS

- VEGGIE BURGER** £8.50
SERVED WITH MAYO, CHEESE,
SALAD & MUSHROOMS
- CHOOSE FROM: QUORN (V) OR SPICY BEAN (VG)
- SERVED WITH YOUR CHOICE OF TOPPINGS:
MEXICAN: MVF SALSA & JALAPEÑOS
BBQ: DR PEPPER BBQ SAUCE & BBQ PULLED JACKFRUIT
- BURRITO (VG)** £9.95
TORTILLA WRAP PACKED WITH PICO DE GALLO,
GUACAMOLE, MIXED PEPPERS, BBQ PULLED
JACKFRUIT, MVF RICE, BLACK OLIVES
& VEGAN CHEESE

OPTIONAL EXTRAS

- | | | |
|--------------------------|---|--|
| GRILLED ONION 50P | HASHBROWN £1 | BACON £2 |
| JALAPEÑOS £1 | CHEESE (AMERICAN OR BLUE STILTON) £1 | DR PEPPER PULLED PORK OR TURKEY £2.50 |
| PICKLES £1 | FRIED EGG £1 | |
| 1/2 AVOCADO £1.20 | | |

SIDES

- SLOPPY SALAD** £3.95
- ONION RINGS** £3.45
- CORN ON THE COB** £2.50
- MAC & CHEESE** £3.95
- COLESLAW** £2.25
- SKINNY FRIES** REG: £2.25
LRG: £3.75
- SWEET FRIES** REG: £3.75
LRG: £4.95
- WAFFLE FRIES** £3.95

ADD SRIRACHA SALT

LOADED FRIES

- BUFFALO FRIES** £5.95
SKINNY FRIES TOPPED WITH CHEESE
SAUCE, SOUTHERN FRIED CHICKEN
PIECES, FRANKS RED HOT SAUCE
& BLUE CHEESE DIP
- CHILLI FRIES** £5.95
SKINNY FRIES TOPPED WITH HOMEMADE
BEEF CHILLI, CHEESE, WHITE ONION,
JALAPEÑOS & FRENCH'S MUSTARD
- CANADIAN POUTINE** £4.75
SKINNY FRIES TOPPED WITH
MELTED CHEESE & BEEF GRAVY

KIDS

vs FOOD

ALL SERVED WITH FRIES & 1 KID'S DRINK

CHILDREN UNDER 10 YEARS OF AGE
ARE ELIGIBLE FOR THE KIDS MENU

- HOTDOG** £5.00
FRANKFURTER WITH CHEESE,
SERVED ON A BRIOCHE BUN
- CHICKEN NUGGETS** £5.00
CHICKEN PIECES COATED
IN BREADCRUMBS

KIDS CHALLENGE
EAT ALL OF YOUR FOOD
& WIN A PHOTO ON OUR
KIDS VS FOOD WALL!